



## Platinum Progressive Peel

with TCA, Resorcinol, Lactic, Salicylic,  
Vitamin A

### Direction Sheet

If you are searching for these general types of skin improvements, Stubborn acne, Melasma, Fine lines and wrinkles, Freckles, Blotchy pigmentation, Rough skin texture, then the *Platinum Progressive Peel* is the choice for you.

This is NOT a beginner peel. The *Platinum Progressive Peel* is a strong peel. Expect downtime and a good deal of peeling to occur over a time frame of 4-6 days. The more preparation you do the quicker your healing will be.

To prepare for a PPP and get your skin into a hyper state of repair, please do the following: For a minimum of two weeks, begin and end each day by washing with a pH acidic cleanser. If you have pigmented skin, or are a darker Fitzgerald skin type, apply a tyrosine inhibitor such as our Fade Bright serum, immediately after cleansing. Apply an anti-oxidant such as High Octane Vitamin C, and an SPF 30+ cream each day. In the evening apply Retinol (.10, .20 or .30), RetinA™ or a Glycolic Serum to gently prime the skin.

\*\*\*If you are prone to Herpes Simplex (have a doctor prescribe *Zovirax* for you). You should not have a chemical peel if you are going to continue to have sun exposure, have warts, history of Keloidal scarring, and any type of recent facial surgical procedures. You should not have a chemical peel if you've used Accutane in the last year (it will increase your chances of scarring), or if you are pregnant or lactating. If you have any auto immune diseases, have had any recent radioactive or Chemotherapy treatments.

This peel can be done no more than one time per month with the Mild application. Medium may be done one time every 4-7 weeks and Strong one time every 3-4 months. The combination of TCA, Lactic, Salicylic, Resorcinol and Vitamin A will improve many skin irregularities. Expect to perform 3-4 peels to reach the best outcome.

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**AFTERCARE** for all strengths: Peel day, apply Step #4 only. \*No other ointments are necessary. On Day 2 you may apply healing ointments such as Emu oil, *Aquaphor* or another mild moisturizer. If you have pigmentation you may also apply the *Fade Bright*. Do not use acids or other exfoliating products until peeling is complete and skin is back to normal. Do NOT pull at any loose skin. Gently snip off with nail scissors if needed. Keep hydrated and allow skin to peel naturally. Preferably go back to your regimen on day 10.

After you have prepared your skin for a minimum of 2 weeks, choose your peel strength. Mild, Medium or Strong.  using RetinA or Retinol products for at least 3-5 days prior to your peel.

### **MILD - This is my First Progressive Peel**

- Keep a small fan close by to dry solution. Once solution dries any irritation will stop.
- The first time you perform this peel you will apply NO MORE than 1 layer of solutions 2 or 3.
- You will stop applying layers if your skin is turning white (frosting) in large areas. \*A few tiny speckles are fine and desired.

### **Step by Step**

1. Wash face and pat dry if you have makeup or face cream on.
2. Apply layer of Step #1. This is more of a cleansing/prepping process to remove dead skin cells. If there is brown coloring on the gauze pad you may apply one more coat. Your skin may be pink at this point.
3. Apply layer of Step #2 and allow to dry until any irritation is gone. \*Use a fan if needed.
4. Apply layer of Step #3 and allow to dry until any irritation is gone. \*Use a fan if needed.
5. Rinse solutions off with cool water and pat dry.
6. Apply a liberal coating of Step #4 Finishing Cream. \*Do NOT apply ointments of any kind today.
7. Drink around 32oz. of water to help flush the body and hydrate.

### **MEDIUM - I am looking for a deeper Progressive Peel**

- Keep a small fan close by to dry solution. Once solution dries any irritation will stop.
- You will stop applying layers if your skin is turning white (frosting) in large areas. \*A few tiny speckles are fine and desired.

## Step by Step

1. Wash face and pat dry if you have makeup or face cream on.
2. Apply layer of Step #1. If there is brown coloring on the gauze pad you may apply (up to) 2 more coats. Your skin may be pink at this point.
3. Apply layer of Step #2 and allow to dry until any irritation has lessened. \*Use a fan if needed.
4. Apply a second layer of Step #2 and allow to dry.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
5. Apply layer of Step #3 and allow to dry until any irritation has lessened. \*Use a fan if needed.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
6. Apply a second layer of Step #3 and allow to dry. Do not apply more layers.
7. Rinse solutions off with cool water and pat dry.
8. Apply a liberal coating of Step #4 Finishing Cream. \*Do NOT apply ointments of any kind today.
9. Drink around 32oz. of water to help flush the body and hydrate.

## **STRONG - I am looking for the deepest Progressive Peel**

- Keep a small fan close by to dry solution. Once solution dries any irritation will stop.
- You will stop applying layers if your skin is turning white (frosting) in large areas. \*A few tiny speckles are fine and desired.

## Step by Step

1. Wash face and pat dry if you have makeup or face cream on.
2. Apply layer of Step #1. If there is brown coloring on the gauze pad you may apply (up to) 2 more coats. Your skin may be pink at this point.
3. Apply layer of Step #2 and allow to dry until any irritation is gone. \*Use a fan if needed.
4. Apply a second layer of Step #2 and allow to dry.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
5. Apply a third layer of Step #2 and allow to dry.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
6. Apply layer of Step #3 and allow to dry until any irritation has lessened. \*Use a fan if needed.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
7. Apply a second layer of Step #3 and allow to dry until any irritation has lessened.
  - If skin is turning white in large areas - STOP peel at this point.
  - If skin is pink and/or has small areas of speckled white, you may proceed.
8. Apply a third layer of Step #3 and allow to dry. Do not apply more layers.
9. Rinse solutions off with cool water and pat dry.
10. Apply a liberal coating of Step #4 Finishing Cream. \*Do NOT apply ointments of any kind today.
11. Drink around 32oz. of water to help flush the body and hydrate.

### **Ingredients:**

**Step 1)** SD Alcohol, Salicylic Acid, Lactic Acid, Resorcinol. **Step 2)** Purified Water, SD Alcohol 40, Trichloroacetic Acid, Propylene Glycol, Citric Acid, Lactic Acid, Sodium Lactate, Glycine, Fructose, Urea, Niacinamide, Inositol, Sodium Benzoate, Benzyl Alcohol, Menthol Crystals. **Step 3)** Purified Water, SD Alcohol 40, Trichloroacetic Acid, Propylene Glycol, Citric Acid, Lactic Acid, Sodium Lactate, Glycine, Fructose, Urea, Niacinamide, Inositol, Sodium Benzoate, Benzyl Alcohol, Menthol Crystals. **Step 4)** Purified Water, Caprylic/Capric Triglycerides, Squalane, Cetearyl Alcohol, Glycerin, Cyclopentasiloxane, , Sodium Acrylate/Sodium Acryloyl Dimethyl Taurate Copolymer, Retinol, Cyclotetrasiloxane, Glyceryl Stearate, Aloe Barbadensis Leaf Extract, Phenoxyethanol, BHT, Caprylyl Glycol, Hexylene Glycol, Citric Acid.

**Agreement:** I understand and acknowledge that I am under no obligation to follow any recommendations made by the seller. I understand the seller does not treat illnesses and any information received is intended to help me make an informed decision. I assume the risk of any adverse effects or consequences resulting from the use or misuse of any of the suggestions, preparations, or procedures. I hereby release, hold harmless, and discharge the seller, and all of its officers, employees, agents and suppliers from all claims of damages, demands, or actions whatsoever in any manner arising from or growing out of my participation.

**\*Misuse of this product can cause injury or burns!** Always follow directions exactly! Do not extend peeling times or alter formulations in any way! Used as directed, our peels and products are safe and effective. By using this product you agree that Platinum Skin Care and [www.platinumskin.com](http://www.platinumskin.com) or Platinum Skin Care Inc. assumes no responsibility for misuse of this product or for any consequences or injuries as a result of using any of our products. **KEEP OUT OF THE REACH OF CHILDREN and animals!** Due to the pharmaceutical nature of these products, all sales are final. **Questions? Need help?** Please contact us at: 1-800-917-3155 or 1-586-598-6093 or email: [support@platinumskin.com](mailto:support@platinumskin.com)